



ROLLERSKI RACE



**Sunday 3rd Sept
10am - 2.30pm**

Summerhill Track, Hartlepool
Summerhill Lane, Hartlepool,
Cleveland, TS25 4LL



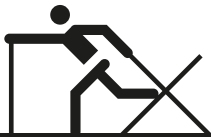
Organised by



TYNESIDE LOIPERS

The North East Cross Country Ski Club

TYNESIDELOIPERS.ORG.UK



Tyneside Loipers welcome you to this one-hour event which is part of the 2023 Northern Roller Series. We will be skiing on the new dedicated cycle track at the Summerhill Country Park on the outskirts of Hartlepool. This is a fun 750-metre circuit with some tight bends – most is level or slightly downhill, but there is a steeper up-hill at the end of each lap. It is suitable for roller skiers with an ability level of 2-star or above. It is semi technical, so not suitable for complete beginners.

Important Information

Competitors will race with Classic technique only (using classic skis with ratchets). Skating on the corners is discouraged.

Entry categories are seniors (open and women) and juniors under 18 (open and girls).

Timetable

- 10.00 Warm-up, practice circuits.
- 11.00 Single-lap sprint event. Heats, plus final, classic technique.
- 12.30 One-hour race. Classic technique.
- 14.15 Prize giving.

Equipment

Helmet and eye protection must be worn. Gloves and knee and elbow protection are advised.

Facilities

Note that there are changing and toilet facilities and a small café on site. The Country Park also has a walking trail and other attractions.

Cost

Entry fees (to be paid on the day)
£10 for seniors and £5 for juniors.



For those wishing to take part please complete the entry form and return to Alan Mitcham at alanmitcham5@gmail.com